



# Cardiff Masters Swimming Club, Newsletter: September 2004

27/09/04

Dear All,

It's been a few months since we last had a newsletter and there has been plenty going on in the Club. Please have a read, note some of the important dates and then ... get your bookings in for the Christmas Dinner!!

## Gala News

### World Masters Championships 2004

In June Colin Knowles ventured off to Riccione in Italy to compete in this year's FINA World Masters Championships. Colin is one of our gala regulars who travels the country, and often clearly much further afield, in order to compete.



Colin a bit closer to home...at our own Capital Masters Gala

### Other Galas ...

It was great to see so many entries from our club for this year's Hereford Masters event and a real shame that they cancelled the gala on us as it was good last year. Hopefully in 2005.

## Forthcoming Galas

We are planning to attend the following galas *en masse* and entry forms will be available on poolside as they approach. It will be these galas that Terry will be tailoring our training programme towards ...

### 2004 WASA Closed Masters Meet

At Abertillery Leisure Centre on **Saturday 6<sup>th</sup> November**. At last year's event in Wrexham CMSC were the largest non-local contingent and certainly the noisiest! This is a small gala and as such tends to be more fun and a good 'first gala' for those who have never competed before. **Closing date is Friday 8<sup>th</sup> October** so get those entries in soon. Entry forms are on poolside.

### 2005 WASA Open Masters Meet

The WASA Open Long-Course Masters Meet will be held at Wales National Pool in Swansea on the weekend of the **5<sup>th</sup> March 2005**. This is the only long-course competition that we specifically aim for each year so it is a good event to go for. Long-course training sessions will be arranged on Saturdays in the new year.

### 2005 Welsh Capital Masters Meet

Our very own annual gala, organised with other local Masters club CLAMS so if you only do one gala in the year this should be it! Provisional date is **2<sup>nd</sup> April 2005** at Sofia Gardens. Always a good gala (and night out!).

### 2005 Cork Open Masters Meet

A biennial gala, to which we are planning on taking a large Welsh contingent next year. This is purely about serious swimming and nothing else ... I don't think! Obviously held in Cork it is on the weekend of **30<sup>th</sup> April 2005**.

## Other Events

### Sport Relief 2004

On July 10<sup>th</sup> a group of Club members swam in aid of National Sport Relief. Congratulations to Colin Knowles for raising the most money (almost into triple figures) and everyone else for their efforts helping the Club to raise almost £250 for the charity. Good effort! And all our thanks to Carys for organising everything.

### Club Gliding Trip

In July an intrepid group of club members went gliding with South Wales Gliding Club near Usk. Terry, Jane, Geoff, Rich, Martin, Paul Belcher and Paul's daughter all flew twice with the record for the longest flight in the group going to Jane who totalled almost 15 minutes during 2 flights against the Club Chairman's paltry 10 minutes. Something to do with body weight they said...!



*Paul helps out as Geoff straps on a glider*

Despite some highly 'marginal' weather ("If you hadn't booked we wouldn't have been flying today; we wouldn't normally go up in this!" quote the Senior Instructor!) everyone had a very enjoyable time both flying and getting involved with the launches on the ground.

Such was the enthusiasm that a second trip for other members had been planned but this summer's weather beat us in the end and that one will have to wait until next year.

Many thanks to Paul Sweeting for arranging things.



*Coach Terry flying high...*

### Club BBQ

Went ahead despite the rather risky 'summer' weather and ended up being a big success with over 20 members and guests taking their lives in their hands by consuming the Chairman's cooking. Even the sun put in an appearance after a time and as usual the event ended in the early hours at some dubious establishment in town...

### WASA Masters Training

Took place on the 19<sup>th</sup> Sept at Wales National Pool Swansea and was coached by some guy called Terry John. Colin also attended the training day.

## Forthcoming Events ...

### Bowling & Sarah's Leaving Drinks...

I have booked a couple of lanes at Hollywood Bowl in Atlantic Wharf for after training on **Friday October 15<sup>th</sup>**. Be assured that most of us can't bowl to save our lives so come along and have a few drinks and a laugh at our attempts. Please let us know if you are coming.

Since Sarah is again leaving us for Southern climes (what has Melbourne got to offer in November that Cardiff can't offer??) everyone is invited to continue the night, moving into town after the bowling.

### The Christmas Dinner

**Friday 3<sup>rd</sup> December** see back page.

## News

### Club Kit

We are getting the artwork done for the Club logo so expect to see Club hats, water bottles and trunks on sale soon.

### Volunteers Needed

Of the members of the Committee; two are buying / have just bought houses and two have / are soon to have babies. Hence are there any volunteers to take on a little of the workload? It doesn't take a lot of time; a few hours month. At the end of the day this Club consists purely of the members and how good it is or how well it provides what the members want is down to the members themselves making it happen. Can you spare some time to be a part of it?

Specifically we are looking for a Newsletter Editor (for what we'd like to be a quarterly newsletter) and an Assistant Treasurer (to bank money and pay Club cheques every few months).

If anyone would like to be put forward for a Committee position proper (Chair, Secretary, Treasurer etc.) then please let us know as all positions need to be filled at the AGM in Feb.

### Congratulations!

To Claire on the birth of her second, Kate, in August. Already back swimming again, Claire seemed to be off for less time than most of us took for our summer holidays!

### Membership

The Club now has 64 members and this is the most we have had for many years so well done to everyone for making this a Club that so many people want to be a part of! Or is it that we have convenient training times ...?!

Either way please continue to help out by making any new members or guests feel welcome and enjoy their trial swims.

We hope to have membership forms for 2005 handed out to everyone during December this time. You will be given a form with all your current details already filled in and all you will

have to do is check your details, sign the form and pay the fee ... easy!

Unfortunately, whilst we are not planning to increase the Club part of the membership fee for 2005 the WASA have said that they plan to increase theirs again.

### And Finally ...

Well that's all folks, except for the Christmas Dinner details and menu choices form which are included on the back page. Don't miss out on this, by far the biggest social event in the Club's calendar! If you haven't been before talk to those who have and then book your place; it is always a good night!

*Rich*

### Contact Details

Please feel free to approach, phone or email any Committee Member if you have any questions, problems or suggestions. We are here to provide what the Club wants so we are always interested to hear what members have to say.

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If you want to send an email to all members please send it to Ant on the above address for forwarding.



The One and Only,

...the Awesome,



...the Legendary

**CHRISTMAS**

**DINNER!!**



**When? - Friday 3<sup>rd</sup> December, 7:30 for 8pm.**

**Where? - 'Capsule', 48 Charles Street**

**How Much? - £18 for members, £23 for guests**

This year I have gone for an earlier date in the hope that we can avoid clashing with office parties and so that our student membership will still be around.



Cheques for payment should be made payable to 'Cardiff Masters Swimming Club' and should be returned with the tear-off page listing your menu choices.

For those who have not been before – the night usually starts in a pub before the pre-dinner drinks, then moves to the venue for dinner and (for those still able) it then ends up in some bar/club in town till late...

