

Barnet Cophall Masters 2010

Sunday 17th July 2010

Barnett Cophall

Club Performance:

1 swimmer - Andrew Fawcett

1 individual swim

1 Gold

Gala details:

No details

Results:

Name	Year of Birth	Age at time of swim	Age group at time of swim	Competition	Venue	Year	Date	Course	Distance	Stroke	Time	Position
Andrew Fawcett	17/10/1943	67	I	Barnett Copt	Barnet	2010	17/07/10	Short	800	FR	15:38.99	1st

Barnet Cophall Masters 2010

Sunday 5th September 2010
Barnett Cophall

Club Performance:

2 swimmer - Allie Price, Fiona Kinsella

11 individual swim

6 Gold, 1 Silver, 2 Bronze

Gala details:

Not too sure whether they are ready to 'sprint' yet, but Fiona and Allie journey along the M4 to go to the Barnet Sprint Meet in North London on Sunday 5 September.

This meet is really well represented from the clubs in the South East and some of the top clubs in the country compete at this meet such as Otter, Spencer, Barnet, Camden Swiss so there was a lot of very good competition there. In some of the events such as the Men's 50 F/C there were 12 heats!!

Fiona and Allie both entered 3 swims in the first session. Fiona competed in the 100 IM, 100 BR/S and 100 Freestyle recording 1.15.11 in the IM, 1.23.2 in the Breaststroke a season's short course best and 1.07.45 in the Freestyle. Allie swam 1.16.73 in the IM, 33.75 in the 50m Butterfly and 1.08.60 in the 100 Freestyle which was a new Welsh Record.

The first session ended with some very competitive relays with a very good Barnet ladies 160+ team recording under 2 mins in the 4 x 50 Freestyle relay, averaging under 30 secs each! In the afternoon, the entry cards were resubmitted which meant that all the heats were then full and in the majority of races in the second sessions 8 swimmers swam in each heat.

The afternoon session started with a 25 metre splash and dash – a good race for those of you who hate turning!!!

In the afternoon session, Fiona and Allie both swam in the final heat of the 100m Butterfly recording times of 1.14.58 and 1.14.98 respectively. Unfortunately, Fiona's goggles cam off in this race so she was slightly disadvantaged!! Next up was the 50m Breaststroke and again Fiona and Allie swam in adjoining lanes with Fiona recording an excellent 38.52 and Allie 41.22. The next race was the 100m Backstroke which was Allie's final race in which she recorded a time of 1.20.13.

Fiona had a good meet winning 1 silver and 2 bronze, whilst Allie won 6 gold in her age group. You are able to win vouchers at this meet to spend in the Swim Shop, so rather than come away with medals you are able to trade the vouchers in for cossies, goggles etc.

A good meet with excellent facilities, including a 25m swim down pool – a good start to the short course season.

Results: