

## **GB Masters 2010**

Glasgow (Long Course), 18<sup>th</sup> – 20th June 2010

### **Club Performance:**

10 swimmers: Rhian Andrews, Richard Bennett, Allie Price, Mike Battersby, Dan Carr, Martin Neal, Gordon Baxter, Fiona Kinsella, Heidi Arnot and Paul Pycroft

3 Gold  
4 Silver  
5 Bronze

43 individual swims, 1 Team Swim

3 Welsh Records

### **Individual Performance:**

Allie Price – 3 Gold, 1 Silver, 2 Bronze, 2 Welsh Records  
Rhian Andrews – 1 Bronze, 1 Welsh Record  
Heidi Arnot – 2 Silver  
Fiona Kinsella – 2 Bronze  
Men's FR Relay – 1 Silver

### **Gala details:**

A small group of Cardiff Masters, together with swimmers from CLAMS and Caldicot Masters met up at Cardiff Airport for the short flight to Glasgow. Transfer into the city centre was relatively easy and we got to our hotel for the next couple of nights very quickly as this was one of the stops on the Glasgow Flyer route. After checking in, Richard and Mike went straight to the pool to meet Rhian for the first event of the competition the 1500m F/C. All 3 swam extremely well with Rhian placing 4<sup>th</sup>, Mike 5<sup>th</sup> and Richard a credible 8<sup>th</sup>. In the next session, Heidi, Fiona, Allie, Gordon, Dan and Martin took to the pool. The 50m events were seeded according to age group. Whilst this can be very competitive, it also has the problem of seeding slower swimmers in very fast heats which Dan and Martin both found out in their heats. In the 50m Backstroke, Allie finished 1<sup>st</sup> in a PB 36.16 in the 45/49 years age group, Heidi finished 2<sup>nd</sup> in her age group, 40/44 years, in a fast 35.80 and Gordon also recorded a PB in this event in 38.91 finishing 7<sup>th</sup>.

After the session everyone rushed back to meet the rest of the team in a local Glaswegian pub to watch the England –v- Algeria game – to which we found that everyone in the pub was cheering for Algeria – absolutely no love lost between the Scots and the English.

Saturday morning and a busy day of swimming ahead. Richard, Fiona, Rhian and Martin all swimming the 200m F/C and Allie and Mike both swimming in the 200IM. Allie got her second gold of the meet in this event.

In the afternoon's session, Allie secured a bronze in the 50m Fly equalling her Welsh Record that she set recently in Cardiff. Allie, Fiona and Heidi all competed in the 100m F/C with Allie winning another bronze, and Heidi also swimming a good race finishing 6<sup>th</sup> in her age group. The sessions this year were incorporating lots of relay events, so the sessions were slightly behind schedule.

The evening session saw Richard, Rhian and Dan all compete in the 800m F/C. Rhian swam a great race finishing 3<sup>rd</sup> in a new Welsh Record of 11.37.45.

The final day of competition. In the first events, Martin and Dan both swam well in the heats of the 100m Backstroke. In the girls 100m Backstroke, Allie won her third gold and Heidi swam an excellent 1.17.81 to get her second silver of the meet. In the 50m F/C, Gordon produced an excellent swim and recorded a personal best of 31.25 to finish fourth. In the girls 200m Butterfly, Fiona swam a gutsy race to snatch the bronze medal just missing out on the silver.

The first mens event of the afternoon saw our only relay entry, the mens 200+ F/C Relay team of Richard, Gordon, Mike and Paul. This was Paul's only swim of the meet due to his shoulder injury and he was determined to swim this event. The boy's swam extremely well with Gordon swimming an excellent 30.94 on his leg and Paul swimming well despite only using one arm for the majority of the race. The boys clinched the silver medal and were all delighted that they had taken part.

The final races saw Allie and Fiona swim the 100m Butterfly with Allie winning silver in her age group in a new Welsh Record of 1.15.27 and Fiona winning bronze in a great time of 1.11.81. The final events of the competition the 400m F/C saw Richard and Fiona both swimming this tough event, although they both swam well they didn't quite produce their best times but this was at the end of a very long day.

Luckily there was no need to rush as we were not travelling back from Glasgow until the next day, so we enjoyed a night on the town in Glasgow. Breakfast the next day in a little Glaswegian Italian cafe was awesome as we all reflected on our trip to Glasgow. A little shopping then followed and a momento was bought for our Coach, Terry, who unfortunately could not be with us on the trip!!

## Results:

Name	Year of Birth	Age at time of swim	Age group at time of swim	Competition	Venue	Year	Date	Course	Distance	Stroke	Time	Position	Achievement
Fiona Kinsella	22/11/1984	26	A	GB's	Glasgow	2010	19/06/10	Long	100	BR	01:24.42	6th	
Fiona Kinsella	22/11/1984	26	A	GB's	Glasgow	2010	19/06/10	Long	200	FR	02:28.31	6th	
Fiona Kinsella	22/11/1984	26	A	GB's	Glasgow	2010	19/06/10	Long	100	FR	01:09.01	11th	
Fiona Kinsella	22/11/1984	26	A	GB's	Glasgow	2010	19/06/10	Long	200	Fly	02:46.15	3rd	
Fiona Kinsella	22/11/1984	26	A	GB's	Glasgow	2010	19/06/10	Long	100	Fly	01:11.08	3rd	
Fiona Kinsella	22/11/1984	26	A	GB's	Glasgow	2010	19/06/10	Long	400	FR	05:09.77	6th	
Allie Price	01/03/1965	45	E	GB's	Glasgow	2010	19/06/10	Long	50	BK	00:36.16	1st	
Allie Price	01/03/1965	45	E	GB's	Glasgow	2010	19/06/10	Long	200	IM	02:49.26	1st	
Allie Price	01/03/1965	45	E	GB's	Glasgow	2010	19/06/10	Long	50	Fly	00:33.19	3rd	Welsh record
Allie Price	01/03/1965	45	E	GB's	Glasgow	2010	19/06/10	Long	100	FR	01:08.76	3rd	
Allie Price	01/03/1965	45	E	GB's	Glasgow	2010	19/06/10	Long	100	BK	01:19.98	1st	
Allie Price	01/03/1965	45	E	GB's	Glasgow	2010	19/06/10	Long	50	FR	00:32.12	4th	
Allie Price	01/03/1965	45	E	GB's	Glasgow	2010	19/06/10	Long	100	Fly	01:15.29	2nd	Welsh record
Heidy Arnot	10/02/1967	43	D	GB's	Glasgow	2010	19/06/10	Long	50	BK	00:35.80	2nd	
Heidy Arnot	10/02/1967	43	D	GB's	Glasgow	2010	19/06/10	Long	100	FR	01:09.87	6th	
Heidy Arnot	10/02/1967	43	D	GB's	Glasgow	2010	19/06/10	Long	100	BK	01:17.81	2nd	
Heidy Arnot	10/02/1967	43	D	GB's	Glasgow	2010	19/06/10	Long	50	FR	00:31.75	7th	
Richard Bennett	28/09/1965	45	E	GB's	Glasgow	2010	19/06/10	Long	1500	FR	21:13.37	8th	
Richard Bennett	28/09/1965	45	E	GB's	Glasgow	2010	19/06/10	Long	200	FR	02:31.64	6th	
Richard Bennett	28/09/1965	45	E	GB's	Glasgow	2010	19/06/10	Long	800	FR	11:06.47	7th	
Richard Bennett	28/09/1965	45	E	GB's	Glasgow	2010	19/06/10	Long	50	FR	00:30.80	12th	
Richard Bennett	28/09/1965	45	E	GB's	Glasgow	2010	19/06/10	Long	400	FR	05:25.05	7th	
Rhian Andrews	21/02/1969	41	D	GB's	Glasgow	2010	19/06/10	Long	1500	FR	22:07.54	4th	
Rhian Andrews	21/02/1969	41	D	GB's	Glasgow	2010	19/06/10	Long	200	FR	02:39.10	6th	
Rhian Andrews	21/02/1969	41	D	GB's	Glasgow	2010	19/06/10	Long	800	FR	11:37.45	3rd	Welsh Record

Gordon Baxter	05/12/1954	56	G	GB's	Glasgow	2010	19/06/10	Long	50	BK	00:38.91	7th	
Gordon Baxter	05/12/1954	56	G	GB's	Glasgow	2010	19/06/10	Long	50	FR	00:31.25	4th	
Daniel Carr	23/06/1983	27	A	GB's	Glasgow	2010	19/06/10	Long	100	BR	01:42.01	7th	
Daniel Carr	23/06/1983	27	A	GB's	Glasgow	2010	19/06/10	Long	50	BK	00:46.78	6th	
Daniel Carr	23/06/1983	27	A	GB's	Glasgow	2010	19/06/10	Long	800	FR	14:55.97	9th	
Daniel Carr	23/06/1983	27	A	GB's	Glasgow	2010	19/06/10	Long	100	BK	01:43.59	8th	
Daniel Carr	23/06/1983	27	A	GB's	Glasgow	2010	19/06/10	Long	50	FR	00:36.18	15th	
Martin Neal	12/02/1979	31	B	GB's	Glasgow	2010	19/06/10	Long	50	BK	00:47.54	10th	
Martin Neal	12/02/1979	31	B	GB's	Glasgow	2010	19/06/10	Long	200	FR	03:05.94	9th	
Martin Neal	12/02/1979	31	B	GB's	Glasgow	2010	19/06/10	Long	100	FR	01:26.72	16th	
Martin Neal	12/02/1979	31	B	GB's	Glasgow	2010	19/06/10	Long	100	BK	01:40.55	10th	
Martin Neal	12/02/1979	31	B	GB's	Glasgow	2010	19/06/10	Long	50	FR	00:38.67	12th	
Men	200-239			GB's	Glasgow	2010	19/06/10	Long	200	FR	02:07.89	2nd	
Mike Battersby	03/05/1958	52	F	GB's	Glasgow	2010	19/06/10	Long	1500	FR	23:24.18	5th	
Mike Battersby	03/05/1958	52	F	GB's	Glasgow	2010	19/06/10	Long	100	BR	01:27.86	8th	
Mike Battersby	03/05/1958	52	F	GB's	Glasgow	2010	19/06/10	Long	200	IM	03:01.19	9th	
Mike Battersby	03/05/1958	52	F	GB's	Glasgow	2010	19/06/10	Long	50	Fly	00:36.22	10th	
Mike Battersby	03/05/1958	52	F	GB's	Glasgow	2010	19/06/10	Long	100	FR	01:14.17	10th	
Mike Battersby	03/05/1958	52	F	GB's	Glasgow	2010	19/06/10	Long	100	BK	01:33.47	6th	