

# **Rotherham (Ponds Forge)**

22<sup>nd</sup> Jan 2006  
Long Course

## **Club Performance:**

1 swimmer – Colin Knowles

2 individual swims

1 Silver

1 Bronze

## **Individual Performance:**

Colin Knowles – 1 Silver, 1 Bronze

## **Gala details:**

Short course event – no details available.

Colin Knowles	50	BR	00:50.33	2nd
Colin Knowles	100	BR	02:07.83	3rd