

South West Region 1 (Millfield)

26th April 2009
Long Course

Club Performance:

3 swimmers

Allie Price, Mike Battersby, Colin Knowles

7 Individual swim

2 Gold

1 Silver

2 Bronze

1 Welsh Record

Individual Performance:

Allie Price 2 Gold, 1 Silver, 1 Welsh record

Colin Knowles 1 Gold

Mike Battersby 2 Bronze

Gala details:

By Mike Battersby

Three Cardiff Masters swimmers – Allie Price, Colin Knowles and Mike Battersby, made the trip across the Severn Bridge to compete in the South West Region ASA long course gala held on Sunday, 26th April 2009.

The event took place in the very nice 50m pool of Millfield School. Despite an excellent pool and facilities the event was not very well supported with generally only one or two heats per event.

The Cardiff swimmers hung out with a contingent from Pontypool. Walter Syrett, Phil Norman and Andrew Parker were in good form, generally encouraging swimmers and giving good tips on stroke and technique when appropriate!

Colin won his age group in the 50m Breaststroke.
Allie won the 50 & 100 FR and came second in the 50 Fly in a new Welsh record.
Mike got 2 bronzes in the 50BK and 50 BR.

Millfield is only about 70 minutes from Cardiff and so is easy to get to; it's a nice pool and a good place to swim. However, mass participation by Cardiff Masters would make for an enjoyable event next year!

Allie Price	100	FR	01:08.94
1st			
Allie Price	50	FR	00:31.23
1st			
Allie Price	50	Fly	00:33.69
2nd	Welsh record		
Mike Battersby	50	BR	00:37.71
3rd			
Mike Battersby	50	BK	00:39.23
3rd			
Mike Battersby	50	FR	00:32.64
6th			
Mike Battersby	50	Fly	00:35.41
4th			