

Welsh Capital Masters

Cardiff International Pool (Long Course)

10th May 2008

Club Performance:

35 Swimmers – Ann Wardell, Colin Knowles, Chris Mercer, Tony Davies, Jane Jones, Geoff Jones, Anna Walker, Andrew Fawcett, Mike Battersby, Rhys Smith, Elsa Stewart, Malcolm Wilson, Heidi Arnot, Elaine Harrison, Anne Frost, Dave Cooper, Karen Harris, Susan George, Clare Parry, Gareth Lewis, Andrew Gott, Sian Jenkins, Gareth Jenkins, Natalie Jones, Rhian Badman, Richard Bennett, Allie Price, Tony Roblin, Cristyn Williams, Neil Millard, Paul Pycroft, Kate Williams, Sally Davies, Marie Concannon, Martin Neal.

162 Individual swims

32 Team swims

Gold – 30 (incl 10 team)

Silver – 37 (incl 8 team)

Bronze – 34 (incl 7 team)

10 Welsh Records (incl 2 team)

Gala Details:

By Elsa Stewart

Even before the new pool had been completed, we had committed to holding our gala there. Panic then set in, wondering if we would have sufficient entries to cover the cost. Committee members had worked hard at various galas to drum up business from other clubs, and Andrew (F) had sent encouraging e-mails to club members. If I remember rightly, Andrew even came up with suggestions of samples of events to enter for any of the following reasons:

1. To gain most potential decathlon points
2. Options if you were limited by time
3. Options if you were limited by finances

The worrying was all in vain, as in the end we received entries from over 250 competitors which was way above target. Having relaxed about the number of entries, we then had the problem of the timing system. A few days before the event it was not working properly, and while they tried to sort it out it caused great disruption to one of our training sessions. Thankfully it was sorted out in time, and caused no problems on the day. The day dawned and people came from far and wide, including a group from Cork.

Terry was (understandably) very stressed, but the event went off extremely well and was deemed to be a great success by all. We should mention the hard work of Bruce and his assistants keeping us all in order in the marshalling area, and all the officials and runners working extremely hard, without whom the event could not take place. There are far too many to name, but they should all give themselves a pat on the back.

All in all our club members entered 166 individual events and bagged 79 individual medals – 20 gold, 31 silver and 28 bronze. Andrew, your nagging (sorry, I mean encouragement!) paid off. We also entered 32 teams in the relay events, resulting in 10 first places, 8 second places and 7 third places – we will overlook the 3 disqualifications!! Having moved to the new pool for training sessions, we have gained quite a number of new club members, and it was great to see a good turn out from them as well as the usual culprits.

Notable individual results came from Heidi with 6 golds; Anna with 4 golds, 1 silver and 1 bronze; Rhys with 3 golds and 1 silver; Ann with 1 gold, 4 silvers and 1 bronze; Andrew (F) with 1 gold, 2 silvers and 2 bronze; Malcolm with 4 silvers and 1 bronze and Allie with 3 silvers and 2 bronze. A further 19 of us walked away with 1 or more medals. Congratulations to everyone who took part.

A big thank you to Terry and all the committee for their mammoth efforts in the planning and running of the event – it was appreciated by all.

The day was rounded off by an evening do in the Wharf Pub – the numbers attending was a bit disappointing, but those who made the effort had a good time.

Rhys Smith	200	Fly	02:24.90	1st	
Rhys Smith	50	Fly	00:28.71	4th	
Rhys Smith	200	IM	02:31.82	2nd	
Rhys Smith	50	BK	00:37.60	6th	
Rhys Smith	100	Fly	01:04.70	1st	
Rhys Smith	200	FR	02:12.41	1st	
Tony Davies	50	BR	00:45.15	1st	Welsh Record
Tony Davies	100	FR	01:10.80	8th	
Tony Davies	50	Fly	00:35.81	5th	
Tony Davies	50	BK	00:39.63	3rd	
Tony Davies	100	Fly	01:38.87	3rd	
Tony Davies	50	FR	00:32.43	7th	
Chris Mercer	50	BR	00:37.89	3rd	
Chris Mercer	100	FR	01:09.33	8th	
Chris Mercer	50	Fly	00:38.45	10th	
Chris Mercer	200	IM	03:00.60	4th	
Chris Mercer	50	BK	00:39.58	7th	
Chris Mercer	100	BR	01:30.23	5th	
Chris Mercer	50	FR	00:30.24	9th	
Andrew Gott	50	BR	00:44.47	4th	
Andrew Gott	100	FR	01:11.66	9th	
Andrew Gott	50	Fly	00:36.23	7th	
Andrew Gott	200	IM	03:10.70	5th	
Andrew Gott	100	Fly	01:30.37	6th	
Andrew Gott	50	FR	00:32.12	10th	
Geoff Jones	50	BR	00:41.40	4th	
Geoff Jones	100	FR	01:07.99	3rd	
Geoff Jones	50	Fly	00:35.94	3rd	
Geoff Jones	200	IM	03:12.11	3rd	
Geoff Jones	50	FR	00:29.44	6th	
Gareth Lewis	50	BR	00:43.79	6th	
Gareth Lewis	100	FR	01:08.15	4th	
Gareth Lewis	50	Fly	00:36.80	4th	
Gareth Lewis	50	BK	00:39.91	1st	
Gareth Lewis	100	BR	01:39.03	4th	
Gareth Lewis	50	FR	00:29.44	5th	
Cristyn Williams	50	BR	00:48.79	5th	

Cristyn Williams	200	BR		DQ	
Cristyn Williams	100	BR	01:55.43	5th	
Cristyn Williams	50	FR	00:40.68	7th	
Neil Millard	50	BR		DQ	
Neil Millard	100	FR	01:21.03	8th	
Neil Millard	50	Fly	00:41.01	6th	
Neil Millard	100	BR	01:42.47	4th	
Neil Millard	50	FR	00:33.66	10th	
Mike Battersby	50	BR	00:36.40	2nd	
Mike Battersby	100	BK	01:28.10	3rd	
Mike Battersby	50	Fly	00:34.26	5th	
Mike Battersby	200	IM	02:56.22	1st	Welsh Record
Mike Battersby	200	FR	02:42.63	4th	
Mike Battersby	100	BR	01:26.05	4th	
Paul Pycroft	50	BR	00:42.48	4th	
Paul Pycroft	100	FR	01:07.35	3rd	
Paul Pycroft	50	Fly	00:33.90	4th	
Paul Pycroft	200	IM	03:07.10	3rd	
Paul Pycroft	200	FR	02:37.40	2nd	
Paul Pycroft	50	FR	00:31.02	4th	
Andrew Fawcett	50	BR	00:46.95	2nd	
Andrew Fawcett	100	FR	01:22.83	4th	
Andrew Fawcett	50	Fly	00:42.29	3rd	
Andrew Fawcett	200	IM	03:41.28	2nd	
Andrew Fawcett	50	BK	00:50.67	3rd	
Andrew Fawcett	100	BR	01:45.93	1st	
Andrew Fawcett	50	FR	00:36.56	4th	
Colin Knowles	50	BR	00:59.77	3rd	
Colin Knowles	100	BR	02:37.92	3rd	
Anna Walker	50	BR	00:37.44	1st	
Anna Walker	200	BR	02:57.61	1st	
Anna Walker	200	IM	02:39.81	1st	
Anna Walker	100	BR	01:21.54	1st	
Anna Walker	200	BK	02:53.39	2nd	
Anna Walker	50	FR	00:31.01	3rd	
Kate Williams	50	BR	00:46.55	5th	
Kate Williams	100	FR	01:18.56	4th	
Kate Williams	50	BK	00:45.67	7th	
Kate Williams	200	FR	02:54.96	4th	
Kate Williams	50	FR	00:35.60	10th	
Sally Davies	50	BR	00:42.21	3rd	
Sally Davies	100	BK	01:30.99	4th	
Sally Davies	50	BK	00:43.08	4th	
Sally Davies	100	BR	01:33.67	2nd	
Sally Davies	50	FR	00:34.30	5th	
Susan George	50	BR	00:44.81	4th	
Susan George	100	FR	01:25.12	1st	
Susan George	100	BR	01:38.19	3rd	
Susan George	50	FR	00:38.41	6th	
Jane Jones	50	BR	00:55.61	6th	
Jane Jones	100	FR	01:58.70	2nd	
Jane Jones	50	Fly		DQ	
Jane Jones	200	BR	04:11.75	3rd	
Jane Jones	100	BR	01:58.90	5th	

Allie Price	50	BR	00:44.42	3rd	
Allie Price	100	BK	01:23.05	2nd	
Allie Price	50	Fly	00:35.39	2nd	
Allie Price	200	IM	03:02.06	2nd	
Allie Price	50	FR	00:32.89	3rd	
Elaine Harrison	50	BR	00:49.74	4th	
Elaine Harrison	100	BK	01:43.94	2nd	
Elaine Harrison	100	FR	01:27.29	4th	
Elaine Harrison	200	IM	03:46.46	2nd	
Elaine Harrison	50	BK	00:48.17	4th	
Elaine Harrison	200	BK	03:43.54	3rd	
Ann Wardell	50	BR	01:00.96	1st	
Ann Wardell	100	FR	02:06.83	3rd	Welsh Record
Ann Wardell	200	BR	05:08.50	2nd	
Ann Wardell	50	BK	01:05.10	2nd	
Ann Wardell	100	BR	02:26.26	2nd	
Ann Wardell	50	FR	00:57.13	2nd	
Malcolm Wilson	100	BK	01:20.09	3rd	
Malcolm Wilson	50	Fly	00:33.97	2nd	
Malcolm Wilson	200	IM	02:55.56	2nd	
Malcolm Wilson	50	BK	00:37.11	2nd	
Malcolm Wilson	50	FR	00:30.91	2nd	
Marie Concannon	100	BK	01:22.51	2nd	
Marie Concannon	100	FR	01:14.00	3rd	
Marie Concannon	50	Fly	00:34.74	2nd	
Marie Concannon	200	IM	03:09.47	6th	
Marie Concannon	50	BK	00:39.18	4th	
Marie Concannon	50	FR	00:32.86	5th	
Heidy Arnot	100	BK	01:15.68	1st	
Heidy Arnot	100	FR	01:09.71	1st	Welsh Record
Heidy Arnot	50	BK	00:35.23	1st	
Heidy Arnot	200	FR	02:35.24	1st	Welsh Record
Heidy Arnot	200	BK	02:50.61	1st	
Heidy Arnot	50	FR	00:31.76	1st	Welsh Record
Clare Parry	100	BK	01:28.42	2nd	Welsh Record
Clare Parry	100	FR		DQ	
Clare Parry	200	FR	02:47.27	2nd	Welsh Record
Clare Parry	50	FR	00:34.29	2nd	
Elsa Stewart	100	BK	01:52.38	4th	
Elsa Stewart	100	FR	01:30.66	4th	
Elsa Stewart	50	Fly	00:52.59	4th	
Elsa Stewart	200	IM	03:54.98	1st	
Elsa Stewart	100	BR	01:54.37	2nd	
Elsa Stewart	50	FR	00:41.79	7th	
Anne Frost	50	BR	01:10.11	6th	
Anne Frost	100	BK	02:11.36	5th	
Anne Frost	100	FR	01:50.98	6th	
Anne Frost	50	Fly		DQ	
Anne Frost	50	BK	00:59.57	4th	
Anne Frost	50	FR	00:50.88	10th	
Gareth Jenkins	100	FR	01:07.17	7th	
Gareth Jenkins	50	Fly	00:31.86	8th	
Martin Neal	100	FR	01:23.39	10th	
Martin Neal	50	Fly	00:46.34	11th	

Martin Neal	100	Fly	01:44.63	7th
Martin Neal	200	FR	02:59.34	4th
Richard Bennett	100	FR	01:09.07	3rd
Richard Bennett	200	FR	02:34.05	2nd
Richard Bennett	50	FR	00:31.13	4th
Tony Roblin	100	FR	01:25.95	9th
Tony Roblin	100	BR	01:45.08	5th
Tony Roblin	50	FR	00:37.87	11th
Dave Cooper	100	FR	01:09.71	4th
Dave Cooper	200	FR	02:40.88	3rd
Dave Cooper	50	FR	00:30.89	3rd
Karen Harris	100	FR	01:19.64	4th
Sian Jenkins	50	Fly	00:36.96	2nd
Natalie Jones	200	IM	02:58.35	3rd
Natalie Jones	200	FR		DQ
Natalie Jones	50	FR	00:33.79	5th
Rhian Badman	50	FR	00:44.25	5th
Mixed Team	200	Medley	02:12.63	1st
Mixed Team	200	Medley	02:30.04	3rd
Mixed Team	200	Medley	02:36.07	4th
Mixed Team	200	Medley	02:54.24	5th
Mixed Team	200	Medley	02:48.36	3rd
Mixed Team	200	Medley		DQ
Mixed Team	200	Medley	02:32.13	1st
Mixed Team	200	Medley	03:33.81	2nd
Mixed Team	200	Free	02:06.91	2nd
Mixed Team	200	Free	02:08.59	3rd
Mixed Team	200	Free	02:30.42	4th
Mixed Team	200	Free		DQ
Mixed Team	200	Free	02:26.60	3rd
Mixed Team	200	Free	02:27.49	4th
Mixed Team	200	Free	02:10.04	1st
Mixed Team	200	Free	03:19.42	3rd
Men's Team	200	Medley	02:30.94	1st
Men's Team	200	Medley	02:22.11	2nd
Men's Team	200	Medley		DQ
Men's Team	200	Medley	02:18.32	2nd
Men's Team	200	Free	02:07.01	1st
Men's Team	200	Free	01:56.24	2nd
Men's Team	200	Free	02:24.68	1st
Men's Team	200	Free	02:05.70	2nd
Women's Team	200	Medley	02:47.38	2nd
Women's Team	200	Medley	02:59.84	3rd
Women's Team	200	Medley	02:24.76	1st
Women's Team	200	Medley	03:24.51	2nd
Women's Team	200	Free	02:24.64	1st
Women's Team	200	Free	03:05.49	3rd
Women's Team	200	Free	02:13.11	1st
Women's Team	200	Free	03:00.20	1st

Welsh Record – Heidy,
Anna, Geoff, Rhys

Welsh Record – Heidy,
Anna, Allie, Clare