

# **Welsh Open**

29<sup>th</sup> Feb – 2<sup>nd</sup> Mar 2008  
Swansea – Long Course

## **Club Performance:**

16 Swimmers – Ann Wardell, Colin Knowles, Chris Mercer, Tony Davies, Jane Jones, Geoff Jones, Terry John, Anna Walker, Andrew Fawcett, Mike Battersby, Rhys Smith, Elsa Stewart, Malcolm Wilson, Heidi Arnot, Elaine Harrison, Anne Frost

56 Individual swims  
8 Team swims

Gold - 25  
Silver – 18  
Bronze – 11

10 Welsh Records

## **Gala Details:**

by Terry John

16 members of Cardiff Masters entered and competed in the 2008 Welsh Open. This is held as a long course event over 3 days in Swansea.

Club members swam in 56 individual swims and 8 team swims gaining an impressive haul of 25 gold medals, 18 silver and 11 bronze.

This has been our best turn out at this event for many years and there were some truly memorable performances.

The most notable performances came from Anna Walker and Andrew Fawcett. Anna swam in 4 individual events (including the 200 and 400IM) and 2 relays, and not only did she claim 4 gold medals but she also walked away with 4 new Welsh Records. (Please note 2 of her records were held by a former Cardiff Master – Sarah – who now lives in Melbourne). Anna also picked up 2 relay golds. Andrew swam in 11 (yes eleven) events (also including the 200 and 400IM, but also including the 100 and 200 Butterfly) and 4 relays. He walked away with 4 Gold, 6 silver and 1 bronze bagging 3 Welsh records in the process. He also picked up 3 relay golds and a share of a relay Welsh record (see below).  
Congratulations to both of you.

Special mention must also go to Rhys Smith (making his debut as a Cardiff Master) who swam a magnificent 200 Fly (gold) and an impressive 200 FR (silver) in one of the most competitive age groups.

Mention must also go to Malcolm Wilson (2 gold and 1 silver) and Heidi Arnot (3 Gold) for setting new Welsh Records in the 200BK and 100FR respectively. Other fantastic performances came from Mike Battersby (3 gold, 1 silver and 1 bronze), Elsa Stewart (1 gold, 3 silver and 1 bronze), Ann Wardell (1 gold, 2 silver and 2 bronze), Colin Knowles (2 silver and 1 bronze), Jane Jones (2 silver), Tony

Davies (1 bronze), Elaine Harrison (1 bronze), Anne Frost (2 bronze), Chris Mercer and Geoff Jones.

Even 1 swam. I entered the 400 FR. My plan was by entering I would force myself into doing some training. This was my first mistake. My second mistake was turning up to swim. I nearly died!!! 400 metres turned out to be 150 metres too long for me – the last three lengths were hell. But I finished, and as I was the only one in my age group for that event I won a gold medal – Hurray!!!

Our relay teams also performed well, winning 6 gold medals and 1 bronze and 1 disqualification (you know who you are!). The club also set 1 Welsh Record in the relays.

Many thanks to all who turned up to swim. You did yourselves and the club proud.

### **Individual Performance:**

Ann Wardell	200	BR	05:12.86	2nd	
Ann Wardell	50	FR	00:55.69	1st	
Ann Wardell	50	BR	01:04.07	3rd	
Ann Wardell	100	BR	02:23.30	2nd	
Ann Wardell	50	BK	01:05.72	3rd	
Colin Knowles	200	BR	05:00.56	2nd	
Colin Knowles	50	BR	00:55.38	3rd	
Colin Knowles	100	BR	02:17.29	2nd	
Chris Mercer	50	FR	00:29.52	4th	
Chris Mercer	200	FR	02:40.56	4th	
Tony Davies	50	FR	00:31.72	6th	
Tony Davies	200	FR	02:44.97	3rd	
Jane Jones	200	IM	04:09.31	2nd	
Jane Jones	200	BR	04:04.27	2nd	
Geoff Jones	50	FR	00:29.28	6th	
Terry John	400	FR	07:09.46	1st	
Anna Walker	200	IM	02:39.77	1st	Welsh Record
Anna Walker	200	BR	02:56.58	1st	Welsh Record
Anna Walker	100	BR	01:21.44	1st	Welsh Record
Anna Walker	400	IM	05:39.16	1st	Welsh Record
Andrew Fawcett	200	IM	03:39.73	1st	
Andrew Fawcett	50	Fly	00:41.19	2nd	
Andrew Fawcett	200	Fily	03:55.18	1st	Welsh Record
Andrew Fawcett	50	FR	00:36.40	2nd	
Andrew Fawcett	100	BK	02:00.11	2nd	
Andrew Fawcett	50	BR	00:44.15	2nd	Welsh Record
Andrew Fawcett	100	BR	01:51.85	3rd	
Andrew Fawcett	100	Fly	01:38.21	1st	
Andrew Fawcett	400	IM	07:57.50	1st	Welsh Record
Andrew Fawcett	100	FR	01:25.89	2nd	
Andrew Fawcett	50	BK	00:50.18	2nd	
Mike Battersby	200	BR	03:10.16	1st	
Mike Battersby	50	FR	00:32.19	5th	
Mike Battersby	50	BR	00:37.37	1st	

Mike Battersby	800	FR	12:18.27	2nd	
Mike Battersby	100	BR	01:23.90	1st	
Mike Battersby	50	Bk	00:39.01	3rd	
Rhys Smith	200	Fly	02:40.81	1st	
Rhys Smith	200	FR	02:18.94	2nd	
Elsa Stewart	50	FR	00:40.92	2nd	
Elsa Stewart	200	FR	03:26.85	5th	
Elsa Stewart	50	BR	00:54.37	1st	
Elsa Stewart	400	FR	07:18.53	3rd	
Elsa Stewart	100	FR	01:31.76	2nd	
Elsa Stewart	50	BK	00:50.84	2nd	
Malcolm Wilson	50	FR	00:30.46	2nd	
					Welsh
Malcolm Wilson	200	BK	02:55.05	1st	Record
Malcolm Wilson	100	BK	01:20.24	1st	
Heidy Arnot	100	BK	01:17.55	1st	
					Welsh
Heidy Arnot	100	FR	01:09.98	1st	Record
Heidy Arnot	50	BK	00:34.74	1st	
Elaine Harrison	400	FR		DQ	
Elaine Harrison	100	FR	01:26.89	4th	
Elaine Harrison	50	BK	00:48.23	3rd	
Anne Frost	100	FR	01:44.48	3rd	
Anne Frost	50	BK	01:01.47	3rd	
Mixed Team	200	FR	02:47.99	1st	240-279
Mixed Team	200	FR	02:20.09	3rd	120-159
Mixed Team	200	Med		DQ	240-279
Mixed Team	200	Med	02:28.25	1st	120-159
Women's Team	200	Med	03:18.16	1st	200-239
Women's Team	200	FR	00:30.59	1st	200-239
Men's Team	200	Med	03:00.46	1st	240-279
Men's Team	200	FR		1st	240-279